WHAT'S ON THE MENU TODAY?

MEAT FREE MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK

AVAILABLE DAILY

VEGETARIAN OPTION OF



JACKET POTATO WITH A SELECTION **OF FILLINGS SERVED** WITH A SIDE SALAD



Cod/Salmon Fish Fingers served with Chips, **Baked Beans or Peas**



Sausage Pattie Brunch served with **Roast Gammon Lunch served Hash Browns & Baked Beans** Roast/Mashed Potatoes. Seasonal Vegetables & Gravy



Mac 'n' Cheese (V) served with Crusty Bread & Seasonal Vegetables



Cheese Sandwich served with a Side Salad



2 Slices of Texas BBQ Pizza (V)

served with Baked Beans.

Tuna Sandwich served with a Side Salad



Cheese Sandwich served with a side salad



Ham Sandwich served with a Side Salad



served with a Side Salad



Cheese & Crackers



Rice Crispy Cookie



Sticky Flapjack



Carrot Cake Cookie



Chocolate Muffin





FRESH BREAD

FRUIT YOGHURT

FRESH FRUIT

The Arches Community Primary School

CHILLED WATER

WHAT'S ON THE MENU TODAY?

MEAT FREE MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AVAILABLE DAILY

WEEK2

VEGETARIAN

OPTION OF

CHOICE 1



Tomato Tortilla Stack (V) served with Potato Wedges & Seasonal Vegetables



Beef Burger in a Bun, Hash Brown served with Baked Beans or Seasonal Vegetables



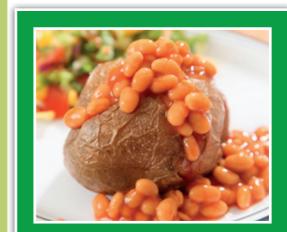
Roast Chicken Lunch served Roast/Mashed Potatoes. Seasonal Vegetables & Gravy



Tomato & Mascarpone Cheese Pasta (V) served with **Crusty Bread & Seasonal Vegetables**



Oven Baked Cheddar Cheese & Onion Roll (V) served with Chips, **Baked Beans or Peas**



JACKET POTATO WITH A SELECTION **OF FILLINGS SERVED** WITH A SIDE SALAD



Tuna Sandwich served with a Side Salad



Cheese Sandwich served with a side salad



Ham Sandwich served with a Side Salad



Tuna Sandwich served with a Side Salad



Cheese Sandwich served with a Side Salad

FRESHLY MADE SALAD

FRESH BREAD

FRUIT YOGHURT

FRESH FRUIT

The Arches Community Primary School

CHILLED WATER



Caramel Crispy Bar



Butterscotch Biscuit



Iced Wacky Chocolate Cake



Fresh Fruit Salad



Melting Moment

WEEK3

FRESH BREAD

FRUIT YOGHURT

FRESH FRUIT

The Arches Community Primary School

CHILLED WATER



Thin & Crispy Margherita Pizza (V) served with Potato Wedges, **Baked Beans, Seasonal Vegetables** or Coleslaw



Meatballs in Gravy served with Mashed Potato & Seasonal Vegetables



Chicken in a Katsu Curry Sauce served with Rice. Naan Bread & Seasonal Vegetables



Spaghetti Bolognese served with Seasonal Vegetables



Breaded Fish served with Chips. Baked Beans or Peas



Tuna Sandwich served with a Side Salad



Cheese Sandwich served with a side salad



Ham Sandwich served with a Side Salad



Tuna Sandwich served with a Side Salad



Cheese Sandwich served with a Side Salad



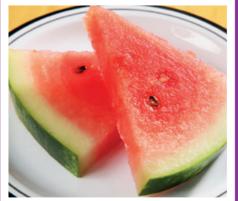
Vanilla Ice Cream & Fruit



Fruit Jelly



Chocolate Crispy Cake



Watermelon Wedge



Snicker Doodle Biscuit